



DENTAL CARE FOR YOUR 6 MONTH OLD

- Approximately around the age of 6 months your child will get their first teeth. Some get them as early as 3 months, and some as late as 1 year.
- Typically the lower front teeth will come in first followed by the upper front teeth.
- Caring for your child's baby teeth is VERY IMPORTANT! You should clean your child's teeth EVERY NIGHT before they go to sleep.
- They should not have anything to EAT OR DRINK AFTER you clean their teeth each night.
- Some children's gums are quite sore when their teeth are coming in. We recommend giving them over the counter Motrin or Tylenol as directed by your Pediatrician.
- Diet: SWEETS of any kind are BAD for your teeth, especially Sweet LIQUIDS!!! Stress drinking WATER and WHITE MILK daily.
- Make your child's first dental appointment for 6 months after their first tooth erupts.